

A BRIEF REVIEW ON NOVEL REPURPOSING CANDIDATES FOR THE TREATMENT OF MYOCARDIAL INFARCTION

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Abstract— Drug Repurposing has shown potent therapeutic effects of existing drugs on cardiovascular diseases (CVD). The use of repositioned drugs for Myocardial Infarction (MI) depends on the binding affinity of the drug molecules to the disease targets. Discovery of new chemical entities for cardiovascular diseases is challenging due to the increased expenses and lower rate of success. Therefore, there has been rigorous research on repurposing of the drugs with an aim to reduce mortality rate and associated symptoms of the disease. The advantage of drug repositioning is that, its safety profile is previously known thereby the probable adverse effects can be avoided. This article includes the comparison of the effects of few repurposed drugs for the treatment of Myocardial Infarction.

Keywords— Heart, Cardiovascular diseases, Myocardial Infarction, Coronary Heart Disease

I. INTRODUCTION

Heart – an amazing organ. A muscular organ which is of the size of fist is situated just behind the breastbone. The heart beats at a rhythm of about 60 to 100 times per minute. The heart pumps blood through its channels of arteries and veins which comprises the Cardiovascular System

Cardiovascular diseases include a wide range of disorders which include Coronary Heart Disease (CAD), Congenital Heart Disease, Myocardial Infarction and Hypertension.

A wide range of cardiovascular disease remains a leading cause of death in the USA & few of it relies on the genetics and lifestyles. Among all the cardiovascular diseases, Myocardial Infarction accounts to 9 million death per year which is the prominent cause for global mortality.^[1] In India, cardiovascular diseases have been a major cause of death in males (20.3%) and females (16.9%) where WHO estimated 2 million deaths annually.

Myocardial Infarction

Myocardial Infarction has been observed more commonly in the younger generation with a different etiology compared to the elderly people. The prime etiology of Myocardial Infarction is the decreased Coronary blood flow which results in insufficient oxygen supply to the heart leading to Cardiac Ischemia.^[2,3] Atherosclerotic plaque causes the inflammation of macrophages and monocytes, thrombus formation and platelet aggregation which ruptures the blood vessels causing thrombosis thereby leading to less blood flow in the coronary artery.^[5]

Few of the risk factors ^[6] for Myocardial Infarction include:

- Age
- Sex
- Smoking
- Hypertension
- Diabetes Mellitus
- Lack of Exercise
- Obesity

II. DISCUSSION

The myocardium relies on aerobic metabolism for the production of the energy (Adenosine Triphosphate). Myocardial Infarction is mostly because of prolonged conditions of hypoxia and ischemia. Depletion in oxygen supply leads to enhanced anaerobic dependent ATP synthesis thereby causing necrosis of cardiac myocytes. The atherosclerotic plaque releases pro-inflammatory mediators like interleukin-6, monocytes, reactive nitrogen species. This leads to ischemia and finally results in the Myocardial Infarction.^[7] There is also increase in the cardiac biomarkers like the Total Creatinine Phosphatase (CPK), CPK-isoenzyme-MB (CPK-MB), Lactate dehydrogenase (LDH), Troponin, etc.

Drug Repositioning

Drug Repositioning is a recent method of identifying the existing drugs for a new therapeutic purpose. This has enabled the mankind to progress in the field of treatment of various diseases. ^[8, 13] This review highlights on the marketed drugs which can be repurposed for the treatment of Acute Myocardial Infarction.

Sl No.	Drug	Mechanism of Action	Primary Use	Repositioned Use
1.	Acetylsalicylic acid	COX Inhibitor, Thrombaxane A2 inhibitor	Fever and Pain	Stroke, Angina and Myocardial Infarction
2.	Carvedilol	Beta blocker	Hypertension	Congestive Heart Failure
3.	Bromocriptine	Dopamine and Serotonin receptor agonist	Parkinson's disease	Type II Diabetes Mellitus
4.	Nitroglycerine	NO release	Angina	Raynaud's disease
5.	Exenatide	GLP-1 agonist	T2DM	Cardiovascular outcomes
6.	Nepafenac	COX inhibitor	Eye Inflammation	Diabetes retinopathy
7.	Vanoxerine	Dopamine reuptake inhibitor	Cocaine addiction	Atrial fibrillation
8.	Tadalafil	PDE5 inhibitor	Erectile dysfunction	Pulmonary hypertension
9.	Allopurinol	Xanthine oxidase inhibitor	Hyperuricemia	Coronary syndrome, Angina and Stroke
10.	Bucindolol	Beta blocker	Rejected for heart failure	Diagnosis of Heart Failure Genotype defined Heart Failure
11.	Rivaroxaban	Factor Xa inhibitor	Oral Coagulant	Acute Coronary Syndrome
12.	Methamphetamine	Sympathomi metic	Attention deficit Hyperactivity disorder and obesity	Heart Stroke

III. TABLE NO. 1: LIST OF REPURPOSED DRUGS



Bucindolol

Bucindolol is a competitive and non-selective β -receptor antagonist which stabilizes the abnormal cardiac functions. Bucindolol has equal affinity towards β -1 and β -2 receptors but has 30 fold lower affinities towards α 1 receptors. An exceptional case in in-vitro study of the human myocardium for β -receptors, shows agonist binding site for bucindolol which mediated Intrinsic Sympathomimetic Activity (ISA) leading to positive inotropic effect. When compared to Labetolol, bucindolol shows higher β blocking activity but are equi-potent on the α -receptors. ^[9]Bucindolol is a more potent β -blocking agent as compared to Carvedilol whereas its potency decreases for α receptors. Hence it is understood that bucindolol has effective β blocking activity and thereby is a potent repurposed drug to treat Myocardial Infarction.

Rivaroxaban

Rivaroxaban is a direct oral anticoagulant which inhibits the Xa clotting factor by blocking the thrombin formation. Rivaroxaban works on Myocardial Infarction by inhibiting the Thrombotic cascade. Rivaroxaban is used as a Anti-Xa Therapy to reduce cardiovascular events in addition to the Acute Coronary Syndrome-Thrombolysis in Myocardial Infarction.^[10] However, the Rivaroxaban increase the risk of major bleeding but show potent action against spontaneous Myocardial Infarction.

Allopurinol

Allopurinol lowers the uric acid by inhibiting xanthine oxidase and is used for the treatment of Hyperuricemia. The inhibition of Xanthine Oxidase reduces the radical oxygen species generation and vascular oxidative stress and has effective action against myocardial infarction. On the contrary, the dosage dependent relationship of allopurinol increases the risk of Myocardial Infarction. ^[6]Allopurinol has cardioprotective effect at a minimal dose but at higher dose it increases the risk of Myocardial Infarction

Exenatide

Exenatide, a Glucagon-like peptide 1 (GLP-1) analogue shows antihyperlipidemic action. Along with, it exhibits cardioprotective action by reducing the infarct size in ST elevated myocardial infarction. During ischemic condition, the free fatty acids increase the oxygen demand by reducing the ATP generation. Exenatide reverses this condition by increasing the myocardial glucose uptake. Exenatide also triggers the phosphatidylinositol 3 kinase, which causes the activation of endothelial nitric oxide synthase possessing cardioprotective action. It also activates the protein C kinase which is cardioprotective in nature. Exenatide also imparts anti-inflammatory action in the treatment of MI.^[12] Thereby Exenatide acts on the treatment of MI through several mechanisms and it can be used as an effective repurposed drug against MI.

<u>Tadalafil</u>

Tadalafil, a potent selective, reversible phosphodiesterase 5 (PDE5) inhibitor is used for the treatment of erectile dysfunction. Tadalafil reduces the blood pressure when pre-treated with nitrates. Tadalafil has shown vasodilation in only 0.43% of the patients as reported by the previous studies. ^[13] The frequency of Tadalafil administration has to be minimal to avoid the cardiovascular adverse events.

IV. CONCLUSIONS

Future and Challenges

Drugs which have failed in Phase II and Phase III clinical trials may be repurposed once the targets of unintended diseases have been validated. Different approaches are made for drug repositioning, out of which many of it are still in the primary phase of development on discovering a potential candidate, the intellectual proprietary rights of the molecule has to be considered where the role of generic version of the drug plays an important role.^[8] Generic drugs are provided at a lesser cost to balance the market competition. The alterations in the dose and route of administration can thereby protect the proprietary rights of the repositioned drugs.

Enhancement in the productivity of Research and Development through the prospects of drug repositioning has increasing demand for pharmaceutical companies. Drug repositioning still keeps a hope to conquer the hurdles in drug discovery and development.

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